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## Pool School

### Youth with an Intellectual Disability, Physical Disability or Autism

This swim program is geared to those swimmers who need to learn basic swim skills. The structured lessons will be tailored to your child's swim ability with the goal of having your child feel comfortable and safe in the pool. Swimmers will be introduced to basic water skills, breath holding and submersion progressions. Please register for a specific program number and time. This program fills quickly; don't miss your chance to spend the season in the pool with a qualified NEDSRA staff member!

**Contact:** Lori Miller

**Location:** Club Fitness, Addison

Age	Day	Date	Res. Fee
3-12	Sun	Jan 28-Mar 4	\$57

#### Program#

W180101 12:00-12:30pm

W180102 12:30-1:00pm

W180103 1:00-1:30pm

W180104 1:30-2:00pm

#### Note to Parents:

Participants must wear a swimsuit. If not toilet trained, participant must wear a swim diaper and cover along with the swimsuit.

